

THE PATTERN HE SET



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What would the Master have to say when we ask on behalf of so many of our brothers and sisters what the pattern was that He set for us to follow?

*The pattern that He set was one of exemplifying, as He did, the Father's Love on earth. He came to show you how this can be done and to inspire you to make the choice to do so yourself. Entailed in that choice is an attitude of gentleness and never-ending patience with your fellowman. It is an attitude of being the servant: one who comes to serve, one who sets as his purpose to serve—who takes this position—and one who desires and accepts the path of devotion and love and also desires that not one soul created by the Father would be wandering in darkness and lacking in experiences of His Love. In order to do this, you must first desire above all things to have this connection with the Father—to be conscious of it, to know these experiences—and then you must take the position of inspiring others, or better said, allowing the Father through you to touch the lives of those around you and inspire them.*

*You are asked and encouraged to set that intention every day—in the morning part of the day—and to always ask the Father to help that you not stray, that you not get lost in different projects, hobbies, and even work situations—not become so involved in them that you forget. And it is of great benefit to also ask the Father, “Even though I am involved in these tasks that I have in my job and in whatever chores I may*

*have, bless through me. And I release any desire to have a conscious awareness of every blessing that flows through me. I simply ask that every brother on earth, and also those in other realms, be offered the choices that will lead them to experiences of Love and that they have encounters with those who allow the Father to extend Love through them, so that they may see, as well as experience, this love, this feeling of security, this feeling of having no fear, and, therefore, be inspired that it be not just an isolated experience but an ongoing one in their lives, and that they might express this to everyone around them and, in a sense, gather them unto themselves so that these may also be blessed.”*

*And also do not forget to take some quiet time, whenever possible, and go deep within. Approach the Father without fear, in great reverence and in a spirit of thanksgiving; and ask that He help you to allow all distractions, all weaknesses, and all other intentions to be released so that you may more fully fulfill your function—take upon you the assignment of sharing His blessings with those around you. And in this quiet period also spend time communing with the Father’s Spirit in your brothers, in particular those who have asked that you pray for them or those whose lives and situations have interacted with your own. These are brothers and sisters with whom you need to make a special effort to commune and whom you need to embrace. Talk to them in spirit; share with them your joy in the Father; ask them to open the door to their hearts and give you an embrace—allow the Father through them to embrace you. As you work with them and assist, even in helping them to release some of those things they are not capable of releasing on their own, take these souls with you before the Father’s throne. And in His Presence, with your arms around them, ask Him to bless them, even as you have been blessed,*

*and to prepare the way for them so that they may turn toward Him and walk forward without detour into the Light and Love, and pass even beyond that into an embrace with the Father—a conscious knowing of the oneness with the Father and of resting in His Peace and pure Being. It is important that you do this yourself every day so that you may then remain anchored in this Spirit of Love, and Peace, and Joy, and that you bring your brothers with you one by one so that they may also receive this blessing.*

*Be not deceived in thinking that your life may be insignificant. There is great significance in your taking advantage of every opportunity offered so that you may bring each one who is willing and ready with you, for if you stop to think about it, you will realize that a neglected opportunity means a brother or sister left stranded in a state of emptiness, a state of no awareness of Love and Light, a state in which one perceives himself to be alone and vulnerable to forces that have no love or regard for him. To neglect just one time means that one soul perhaps has not had the opportunity to know the Father's Presence and Love as you do. And if you recognize that you have been so involved in some activity that you neglected to pause in order to do this, it is not appropriate for you to indulge in feeling guilty and feeling that you must do penance. The only appropriate attitude would then be, when you remember this, that you pause at that time, go back in spirit to that situation, gather that one unto you, embrace him, and bring him with you to the Father. Touch that one; caress him; and stroke the aura of the body, so that his feelings of lack and alienation may be soothed and melt away as he feels your total appreciation for him and your delight in having him in your embrace.*

*Take the Master as your pattern, and the pattern that He established, even as a child, has now been given to you. Once having received this, you have no excuse for neglecting. You can no longer say, "But I didn't know; I didn't have an example to look to in order to show me the way." You now have that example, an example of one who, even while quite young, was constantly speaking to the Father and asking, "Show Me; be in Me; express through Me; help Me to allow it; and lead Me to those who can accept and are in need of an experience of Love: those who need to know that there is someone who is absolutely delighted to be in their presence, who desires to give them a loving touch, and who cares about all their needs, no matter what they might be—even if it is to have someone bring them food when they are perhaps ill and cannot go and get it for themselves." There is no need that is unworthy of your taking upon yourself to fulfill it in a spirit of Love and with the guidance of the Father, feeling that it is an **honor** for you to do it and in gratitude that this situation was offered to you.*

*As you go about your life and encounter other people, perhaps just passing them on the street or in the aisle of a store, if you have set this intention for yourself, you will at times notice when your heart reaches out, touches, embraces, and pats on the shoulder those whom you meet or pass; and you are grateful for this experience. As you speak to your brothers, take upon yourself the attitude of speaking in spirit to the soul, the heart, the spirit within them, even as with your lips you may be speaking about mundane things. Pause a moment to ask for the Father's Light and Love to surround you, your workplace, the whole building, and to touch each one where you are—the whole city where you reside. And forget not to extend your love to those all over the world and ask that the*

*Father arrange blessings of experiences of His Love for them, in particular for those who may be in situations where life is extremely difficult, where there is violence around them, and where there are wars going on. Ask for help; ask that there be solutions to these situations; ask that your brothers may have every opportunity to know the Love that you experience. Desire that they not receive anything less than you have received and experienced from the Father. You cannot know, in your human state, to what great extent the effect of such a desire, such a prayer, can have—what blessings it can extend and how important it is that you not neglect to ask for such.*

*Remember also that, although the Master at the end of His sojourn did take upon Himself an experience of extreme physical torture and pain, it is not necessary for you take that upon yourself. Do not ask to suffer. He did not ask to suffer, and He did not take this experience upon Himself as a pattern for you to follow, as something to ask for. He took this experience upon Himself in order to give you an example of how one responds and stays anchored in the Love of the Father, even in extreme experiences of hate and violence directed against oneself. There is no need for you to ask to suffer, and there is no advantage for you in taking such a path. Your desire is appropriate when you ask for expressions of Love—when you ask to know these experiences yourself and that they be offered through you, which of course means that you ask that you always be pure, ready, and empty so that you may be the vessel through which these are extended. And you should always ask the Father to allow this Love to flow through you, to extend out into the whole world and touch all who may in any way, even to a small extent, be ready to accept such an experience. And desire that they not have suffering as a part of their lives except to the extent that*

*it might better prepare them to understand other brothers and be able to help them in their own situations.*

*The pattern of the Master was that of one who becomes so aligned with the Father's Will and so empty of self—desires of the human personality and body—that he then becomes the Father expressed on earth. One is radiant; one is a point through which the Father's Love and Radiance goes out into all the world and helps anchor Light on the earth, and brings hope, healing, and assurance, and also experiences of His Holiness to all one's brothers. Go forth with this one ideal single-mindedly. Go forth into the world asking and desiring that you be helped to be another such one, and never think that this is not possible, for it is your natural expression to be this way. Desire to be one with Him and know that He considers you to be His brother, or sister, and embraces you and holds you always in His heart forever.*

How can we deepen our relationship with the Master and God?

*The relationship with the Master and with the Father is deepened by turning to Them, speaking to Them all through the day, in every situation that comes to you, because there is no greater friend—actually, you are one with Them. So, in directing your attention toward Them, you allow Them to be a part of every facet of your life; and there is no facet in which They should be left out. All of your life is, if you allow it to be, a holy expression, a holy experience. If you have taken this attitude, there is nothing in human life that is not holy; there is nothing that is to be considered something that must be kept from the Holy Presence. Everything that you are involved in can be a situation in which you dedicate yourself*

*totally to recognizing the holiness of whatever may be going on, and to bringing holiness to it. It is just a matter of remembering to do so. You remember by desiring to do it, and you desire it by having learned more about the Master, having read about Him, even talked to Him and allowed Him to tell you about Himself. The more you allow yourself to become so engrossed in His life and His pattern, as well as His Presence in your life today in this very moment, the deeper this relationship is, because it is then a part of everything you do, everything you think about.*

*It is also beneficial to ask the Father and the Master to guide your thoughts through the day and, if your thoughts stray or you take an attitude of judging and condemning a brother, to remind you to turn back toward the Light, remind you to align yourself with Divine Love. And you will recognize that whenever such situations come up in your life, suddenly, the thought does enter your mind or perhaps someone says or does something, or you may even see something that will remind you. And bear in mind that the Father and Master are not totally dead-serious, uninteresting Beings. They often have a very great sense of humor. And you may sometimes not be able to resist laughing at the ways in which They remind you of Themselves and remind you to realign yourself—to set your intention again if you have strayed from what you had originally intended for the day.*

*Appreciate the humor, laugh with Them, talk with Them, joke with Them, and have delight that They have such interest in you that They prepare humorous experiences for you. Know that this is a sign of the intimacy you have with Them and of Their caring for you. For if you really knew how infinite Their Love is and how willing They are to present any kind of*

*an opportunity—if you just crack the door slightly so They can get Their foot in, They will do that, and They are so filled with joy that you would desire it—if you realized this, then you would have no anxieties and would never feel in any way that you need to have fear of any situation—or fear of being lost or lonely. For it is not possible that you could feel lonely in the Presence of the Master—and of the Father God.*

Some people direct their prayers to Jesus, and others direct their prayers to the Father. Is there anything that can be said about that?

*It makes no difference whether you direct your prayers to Jesus or to the Father, for Jesus was, and still is, the perfect expression of the Father on earth. Jesus is so aligned with the Father that He is Himself the Father come to you, simply as the Person you have read about in the Bible and admire. It is much easier for some people to turn to Jesus, because the idea of God is so abstract that they don't seem to be able to relate to it. Jesus is definitely not offended if you decide to ask of God instead of Him. He is delighted that you are doing this! They are one and the same, and you yourself are one with them. Your goal in life is to come to recognize this and to allow that oneness to be the only expression that you have so that you go forth into the world, even as the Master did. If you take Him as your ideal and He is your pattern, then trust and believe that you can be on earth as He was. And that is exactly what He desires for you. God the Father and the Master delight in every prayer you lift up to Them, and They are pleased each time you turn to Them with a question or ask for assistance—and certainly when you turn and ask, “How may I be the vessel through which You extend blessings to my fellowman?”*

How does the Master work in and with people who do not know of Him, trust Him, or call on Him? Does He, or can He, get involved with those of other religions—in particular, those who have negative feelings toward the Christian religion?

*The Master has endless love for every being, every soul, every creation of the Father. To the extent that He is allowed to do so, He becomes involved in their lives, in their expressions; and He always stands there ready and waiting to offer anything that will be accepted. There are those who do not turn to Him, who perhaps do not know of Him and do not call for Him, but if they turn toward God—if they turn toward the Light and Love—and ask for assistance, the Master is there. And He places no value whatsoever upon being recognized as the one who was Jesus and who is worshiped in the Christian religion. He is simply the emissary of the Father and wishes only to express the Father, and He is willing and ready to do that. He does help many on the earth who have not heard of Him or have not asked for Him in particular—have not addressed their requests to Him as a person. He desires and allows the Father through Him to provide all beings with opportunities to come to a greater understanding and experience of the spirit within, and He very well recognizes that, due to the unique characteristics they have—as well as the existing patterns in their souls, perhaps based on their own past experiences—they have different needs. In other words, the best way to help them varies from soul to soul. And He recognizes that certain souls can best be assisted at the particular point where they are in their development by various other religions and the beliefs in those religions—that it is an important experience for them at that point to be in this or that religion—and that they are brought forward*

*through certain aspects of those religions. And then it could be at some later point that their potential for development is best served in another way, perhaps not even a religion of any kind but simply seeking and following spiritual truths and seeking to know the Father.*

*And always bear in mind that the simple heart and the simple mind often find a way to experience and know the Father more easily and more quickly than those who are perhaps more complicated, have more intellectual abilities, and have participated in the development of religious organizations, or even other aspects of the life on earth. He always said that one should come as a child, innocent and uncomplicated, open in spirit and mind. And this is the easiest way, for the child also has little or no fear and easily expresses faith, which allows it to then disregard situations around it or things that other people might say in an attempt to hinder or isolate it and make it feel inadequate. Remember that the child is not only innocent and open, it very often just totally dismisses anything you tell it, particularly when it doesn't think that what you are telling it is going to bring it any joy or happiness, or that it may not be true. So there is an element of this that is very beneficial to those who seek to know the Father. The spiritual path—if you would call it such—and development are not necessarily a long and arduous process. Often humans make this so because they think this is the way it has to be. If one comes with innocence before the Father and the Master and says, “Just help me to know this Presence and to experience it, and let's just dispense with all the unnecessary things,” and one is totally open and expectant, it is much easier for these things to come about.*

Is He involved in events beyond the earth?

*He has a particular focus upon the earth, yet He is aware of, and can become involved in, things throughout all of creation. And certainly, if there is a call for Light and Love in some distant part of the cosmos, He does respond if He sees that there is not a response coming from some other place, and that it is needed; however, He took upon Himself the task of coming to earth, and He took this on out of love, not as a chore, because He saw that the earth was definitely, from a spiritual standpoint, in trouble, in the sense that it was sinking into darkness and there was not even a great amount of desire and effort to rise from it. And through His great Love He took on the earth as something like a project, although that is not a good term because it was more than a project—it was His joy. He took this upon Himself with great Love because He desired that each one who came into the earth vibration would have every opportunity to know the Father's Love. And the fact that He is no longer here in the physical body that He had two thousand years ago does not in any way mean that He is not deeply associated with, and involved in, every aspect of life on the planet.*

*So, He has great focus on the earth at this time, and will have into the future—more focus on earth than in other directions. And He took this project on because, although there were many other places in the cosmos where spiritual development was needed, the situations there were not so dark and violent and seemingly hopeless as they were on earth. He took this project of the earth upon Himself because He saw that the need was so great, and He was willing to just give Himself to it totally, to the point of saying, “Father, here I am. I'm just a vessel; I'm just an empty thing for You to express through; and that is what I want to be. I don't have a project of My own here; I have no agenda of My own except to allow You*

*through Me to do all that is possible. I just want to be a part of offering every possible opportunity to those of earth.”*

Much of the earlier information given here concerned Jesus' early development, and, in particular, there was reference made many times to the role of the parents—in the way they taught, reminded, and guided Him. Is there advice that can be given to parents today who wish to raise children so that the likelihood of their turning to the Master will be increased?

*It is important to realize that one must set the intention, and there were examples given earlier, even in the Bible. Remember the story of the mother of Samuel who would come and pray and ask God for a son; and she said that she would dedicate the son to Him [see I Sam 1:11]. It was because of this dedication that he became a man of God. And you must certainly realize and imagine that she continued to pray for the child every day, offering him and asking that the Father lead him in the right ways. You cannot know how much difference that makes. So, it is a process on earth of parents not only dedicating the child and praying every day for the Father's guidance for it but also setting the example of one who is so anchored in the Love and Light that this would influence the child so that it would emulate the parents and desire to be as they are. In raising children, one cannot simply go about one's life without having a great amount of interest in spirituality and just ask God to make the child spiritual. One must himself be an example—to a certain extent a pattern, you might say—and every day constantly talking to it about spiritual concepts and principles and also talking to it about the Master's life, so that this becomes a part of that early life. Children do not forget these things. The early experiences in their lives never leave them. And even*

*though they may wander down some dead-end streets, at some point they will always remember and come back. As you tell them the stories and as you look at them, you can see not only how they are imagining those situations but also the effect it is having upon them. And when you talk to them about Jesus, you might say, “You know, Jesus was also a child at one time. Just try to imagine, as different things come up in your life, ‘What might He have done?’”*

*And even when some event has taken place, something that might have had an unfortunate outcome, then talk with them about this. Say, “Let’s go back, and let’s relive that incident; and even though it is past, let’s pretend it is not past. We are going to walk through the experience again, and we are going to try to find the ideal way to respond and interact with those people in that particular situation.” And then go back to that event. Someone may have been evil to the child, and you can say, “Okay now, we’re not going to hit back. We are going to ask God what is the best way we could have responded, and we are going to imagine the scene and then respond in the appropriate way with the Master standing beside us, guiding and protecting us.” This is a very potent way to teach children, and it makes such an impression that when a similar situation comes up in their lives again, they are reminded of it. And instead of hitting back, they may then remember in time to take a different approach—to simply whisper to the Master, “Be with me now; help me; I want this to be a perfect response, and I want this person to be blessed. I thank you for reminding me that the things they are doing, their actions, are in effect a way of calling out for love. Help me to give the love they need, and help them to know and experience it and to realize that I have utmost regard for them.”*

*And do bear in mind that if you truly have that regard for other people and you do consider them to be children of God, they are going to notice it. If you are hitting back and you are taking a negative attitude toward them, they know you are not thinking they are children of God. So you need to talk about these things with children—relive the experiences and work through them with an ideal solution to whatever the problem may have been.*

Could we have a basic healing protocol outlined for people who seek healing for those who are suffering on a physical level? Let's assume you are in the presence of the person.

*When you are asked to pray for other people or to hold a healing service for them, or if they just allow you to do it when you ask permission, it is appropriate that you would first talk to them and explain that they are a part of God's own Heart—that they are not alienated from Him but it is simply a matter of circumstances in life leading them to believe that they are. And tell them that you honor the Spirit of the Father within them and in no way feel that they are inadequate or have something wrong with them. Explain that the only purpose of the ceremony or the prayer for healing is to help bring to them the awareness of this perfection within—that you already recognize and give honor to and thanks for—rather than that they should feel there is something inadequate about themselves that needs to be fixed. Once you explain this to them, then, according to what the situation may lend itself to—whether you may want to lay your hands on the shoulders or even the head, to hold their hands, or to just sit in front of them and pray—it is very appropriate to ask for the Presence of the Master, to ask that He make His Presence known to the extent it is possible, and to ask that He would*

*show you if there is anything you need to do in addition to giving honor to and thanks for the Spirit of God within them.*

*Be quiet and listen for any promptings He might give you, and should you feel moved to perhaps clean their aura—if you feel that there is a dark and murky cloud around them as was discussed earlier [see page 412]—do not feel any kind of hesitation in doing this. Simply take your hands and rake it away from them—assuming that you have already asked for permission to do so, and if they come to you and want healing, then they must surely have given you permission. And do not desire in any way to demonstrate a miraculous healing. You are simply here to be the Father’s vessel through which these things are offered. And as you would rake away this murky cloud that you may see or sense around them, gather it into your arms and offer it to the Father to cleanse; or you may imagine that a Flame of His Love is beside you and just place the cloud over it, and then pause a moment to see any dross being burned away and the Holy Light of this energy now being released of any negative vibrations so that it may perfectly express as it was meant to.*

*And once you have cleansed the aura, then just offer an exchange of Love and say to the Father, “I thank You that You came to me this day as this beautiful child to extend Your Love to me and to give me an embrace so that I may know the oneness, and that also my brother or sister may know this oneness and this embrace with me. And we ask You: Bless us together so that we may be Your vessels on earth to extend Love and Light and to bring joy and happiness and hope to those around us. We ask that You cleanse us of all things that are not needed and that You bless the physical vehicle through which we interact in the world, as well as our minds*

*and our emotions, so that we may perfectly go forth and extend this love. Cleanse us of any thoughts or incorrect attitudes we may have that are hindering us, for we desire this healing in order that we may be Your perfect servants in the world—not simply for the sake of giving undue importance to the body, because the body is just our vehicle for expressing in the world and allowing You to express through us. And so now, Father, we come into Your Presence and ask that You bless us together and send us forth into the world as Your vessels. Help us to always allow You to touch our brothers through us and bring every possible blessing. If need be, bring the two of us back together again at some point—if there is more that needs to be released—so that we may be Your perfect vessels.”*

*Then you may just pause a moment and dwell in the experience of this Love. And after that give thanks to this person for having come to you and given you this opportunity, so that he may never once think that you have done him a good deed and he is indebted to you. He is not indebted to you, but rather you should thank him for coming to you and allowing you to have this beautiful experience. And he needs to know that this is a two-way street, not a one-way street—he comes, he gives the opportunity, he receives blessings, and at the same time he is the vessel through which blessings have come to you. He needs to know this so that he may come to have an appreciation for what he truly is, and also for what his mission on earth is.*