MESSAGE ABOUT HEALING

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In the past the vessel had always removed the shoes before approaching the Father to ask questions on various topics. On this particular day the room was somewhat cool, and in order to keep the feet warm he kept the shoes on. Just as he was preparing to go deep within to receive the message, he suddenly felt a very strong need to remove the shoes. It reminded him of Moses being told to remove his shoes before the burning bush. As soon as he had done so, it seemed the room was filled with celestial presences.

A question was asked about how the vessel could be prepared to be an instrument of healing so that nothing on his part would prevent the healing from taking place.

As you prepare your mind, your spirit, your heart, to come before the Father seeking to be His vessel, pure and empty, through which blessings that are appropriate and according to His Will may flow to your brothers—in whom you see, acknowledge, and rejoice in the Spirit of the Father Himself there in their hearts—you make yourself available so that what He has prepared may be received. You must always keep in mind that nothing that is given should be judged by you as being effective or appropriate, and even if it appears nothing has been given, you should also never judge that. You must always trust the Father totally, and in offering yourself, keep in mind that as you stand before your brothers and bring them with you before the Father, you stand always on holy ground. For in the heart of every brother is a spirit so pure,

so holy, that to gaze upon such causes you to release all other thoughts, all other judgments. And the purity with which you come before the Father for your brothers is that which allows all things to come. So always keep in mind that you must release all other thoughts you have of anything being needed or anything being judged as being out of balance or out of order. These things you must release, for otherwise they block the vessel, and blessings that would be offered cannot come through.

To the extent that you are totally empty and see only the Father's Spirit in your brothers, you allow all things to come. As you come before your Father with your brothers and acknowledge their beauty and their holiness, and you also express your love for them and your desire that they know their relationship with Him as you do, you allow all things to be given; and you do not ask Him for any specific gifts or what you might call "healing." You simply come in great joy, offering love, and rejoice that you may come before the Father's Throne with your brothers. You then go forth confident, knowing that all that is appropriate for each brother at that time has been given—or will be given when the time is appropriate. So, my dear child, be not anxious about these things. I remind you over and over again: Be not anxious. Just come in love and know that all things are given with a love that has no boundaries and no limits and that as you stand beside your brothers with such confidence and faith, you allow them to be inspired on the level of their earthly consciousness, so that they may also patiently await any changes or blessings that may come and know that all things are perfect as the Father has created them.

How can the vessel perfectly offer such complete Love, and with such fullness and intensity, that all things the Father wills can be given through him to relieve his brothers of their suffering and give them an experience of God's Love?

Never, ever, doubt. For you yourself have known the Father's Love, and you know that He has never neglected you or been reluctant. You know that when you come in purity and in love, all things are available and are given; so, even when with your physical eyes you see suffering, just come before your Father and rejoice that, as you yourself have said many times, He comes to you as that brother to bless you with His Love. When you focus only on the Father's Spirit there and you receive an embrace—a holy embrace—of His Love that transports you from any sort of awareness of limitation or suffering, then never doubt that your brothers also receive their blessings to the extent they can receive them at that time. And that which maybe they are not quite ready to receive is not held away from them, but is held in store for them, so that as they are able to accept it, it may be poured forth upon them and cause them to rejoice, to look up and sing praises to the Father—singing with the angels and looking into the Holy Light and then desiring themselves that the Light and Love flow through them. For only when you are empty can you fully rejoice in this and be aware of the beauty and the holiness that not only surrounds you but fills you and flows through you out into all the world.

And don't forget the world in general, the earth itself. As it goes through its own cleansing processes, you, in offering your thankfulness and appreciation for being allowed here at this time, also then commune with the Father's Light in the earth and allow those blessings to flow forth. Then the dross

just falls away, and the whole earth beams as a star in the night sky. Always be thankful, My dear child, for now you have knowledge, and there is no reason to ever doubt or to be in a state of fear—or even the slightest depression. For when you bring forth that Light and allow it to shine through you, just your very presence is soothing to your brothers and brings them hope. This is your assignment; this is also what you have desired to do. Go forth, doing that in the simplicity and the perfection of one who never doubts, one who never tries to solve the problems with his own mind but is simply open, waiting for the Light to flow through and allowing it to be released to your brothers.

What is lacking in the vessel's ability to be the Father's empty vessel in all ways at all times?

One thing is at times to doubt because you desire to see and know all things that are happening—to see the blessings flowing. It is of greater benefit for you and your brothers when you just accept in faith, knowing from your own experience that it happens and not desiring to verify or in any way be in control of it. For to not see, not know, and offer yourself totally, having no doubts, is a higher and purer form of being of assistance to your brothers and being your Father's vessel.

In what state of mind can one be the best vessel for healing?

There are many different ways in which this can be done, but never doubt that when you are in your work place, on the street, or in the elevator the Father can extend without limitation, simply by your desire to allow Him to do so. When you look upon a brother and in appreciation just smile and allow the Father's Light to beam forth from your eyes, you have not restricted Him at all; and this is not in any way a lesser form than being alone and in a meditative state. So accept, my dear child, that the Father has many ways in which He can flow through you as His vessel. Do not judge any way to be lesser than another; for the meditative state and the communing state of Love that may extend over a number of minutes is also important, but it is certainly not the only way, and at times not the best way. The Father, when you have asked to be His vessel in the best way possible, then leads you into those ways, so just accept what comes, and the circumstances and situations. As the Father taps you on the heart and reminds you of Him, and you smile and feel His Presence, accept that this is the most beautiful way in that moment and rejoice that you have been given this opportunity.

In your thoughts, in your mind, in your spirit, embrace your brothers without even speaking a word of this unless you are prompted to do so, for some would not be able to accept such ideas because of their own limited way of thinking. But they have received your embrace—they have received the **Father's** embrace through you, and don't forget that you have received the Father's embrace through them. This is your joy, this is your fulfillment, this is your mission, your assignment. Allow all things through the Father. Trust totally, and you do know now that the Father can be trusted; so just release your doubts, your questions, and your seeking, and know that all things are here, now, in this present moment—wherever you may be. All things are here; the Father is here. All things are allowed. Know that you are at home wherever you may find yourself in any moment and with whomever you may find yourself; for you are in the Presence of the Father, and there is no other place you would rather be than in His Presence.

Advice was requested about back problems.

There are teachings on earth—teachings that many who feel drawn to the Father have used and with which they have aligned themselves—that are not totally in balance, because some of these teachings give you the idea that you should turn away from, ignore, the physical things of earth as being not spiritual and escape from these by remaining in deeper meditative states for long periods of time. Remember, the Father created all things that are, and they are created out of His own Heart. As the Father's vessel in the earth at this time you have a physical body, and in order to function harmoniously, the physical body on the earth has needs. You need to remember this and take care to give the body those things that keep it, as a part of your being the empty vessel, in balance and feeling well. As you give attention to these things, then those things that appear to be causing suffering will be released from you. You have asked for assistance in dealing with these things, and you have seen that ideas are given to you of ways in which you can do this, for the body is not to be despised, as some teachings have indicated. It is not your enemy, nor are you to reject joys that you experience through the body. The sense of beauty you behold with your eyes, the sense of enjoyment you may experience in tasting good food, the sense of delight in rejoicing in movements of the body are all a part of being here. They are a part of your experience at this time. These are not to be looked down upon but are to be accepted in reverence and in a state of purity, always asking the Father what is appropriate. He gives all things to you and gives you messages many times through other brothers—things that are important for you—so that you also accept that He may bring to you knowledge of His Will in many different ways, not just in a meditative state. So, as you set your intention every day

to be in alignment with the Father's Will and you ask Him to help you, then just be aware; you may be surprised at the way it comes to you. It might even be a bit humorous at times, but you get your answers; and you feel and know how attentive the Father is to you. Accept all parts of your being—your emotional being, your mental, and your physical. Give thanks for all these things and take the care that is needed for each part.

Could the vessel at this time be God's instrument of healing for _____?

Your offerings for this dear child in the past, as well as those in this moment, have been received by the Father; and as has been stated before, once you come before the Father and ask, then have faith that things are given at the appropriate time and in the appropriate way. There are times when your offering of love and acknowledgment of the Father's Spirit within your brothers and sisters is the most appropriate thing in that moment—and is itself sufficient to allow them to release things to which they are clinging and that are not beneficial to them. However, there are times when they may be led to some other brother, perhaps a health caretaker, and receive their blessing from him. Remember also, there are other brothers and sisters who have offered themselves to be empty vessels, and sometimes the way in which they serve their fellowman most beneficially is by their brothers seeing how they keep their faith in the Father, in spite of what appears to be suffering, lack, or imbalance. The very example of a brother or sister always looking to the Father and having faith that He has withheld nothing can itself be a blessing that you might never have dreamed could be—a blessing on many other brothers. So, just accept that the Father arranges all

things. And know that by coming before Him with your brothers, and also with this one, you have yourself been the empty vessel in that particular moment, and nothing is lacking.

This vessel desires, if it would inspire his brothers, to be able to see and share with them the blueprint of their souls as they were created out of the Heart of God, and also the potential for positive expression as a child of God. Can this be given?

There may be times when this is appropriate, and as you know, this has already happened in the past, but to decide for yourself that this is something that needs to be given is not serving in the best way possible. Whenever you come before the Father and trust, whatever He knows to be best will be given. Sometimes this [information] will be given, and you suddenly hear yourself saying things that you might not have thought about saying. And at other times, when your own mind begins to interfere and you are about to say something you have deemed as appropriate, you have noticed that suddenly the situation changes and you are not given the opportunity to say those things. So, just rest in the knowledge that the Father will provide. It is not always necessary to say things but simply to be in the presence of a brother. Your intention—every day, all through the day, as you encounter your brothers—to be the Father's vessel and to trust totally that He knows what is best and withholds nothing is the best way you can be an empty vessel, and it is also the best way your brothers can receive from the Father through you that which assists them in their own acknowledgment of His Light in their hearts and of their relationship to Him.

May soul records be given for _______

This child was born of My own Heart in a burst of Light and Love, and this Light and Love went forth into creation rejoicing in its own being. It chose to come into the earth, and itself has chosen to be the Father's vessel—and is such a vessel—but, as with yourself, many times is unaware that the Father is flowing through and those around him are being blessed. This dear child is also urged to accept that his mission on earth is, as your mission is, to simply be empty, to simply ask the Father, "Bless through me and keep me pure," and then to trust—to not doubt, but trust—to know within his heart that nothing is withheld and all things are perfect. That is the mission: to simply know the relationship with the Father, to simply come before Him for the brothers, and to trust. Releasing all doubt, lift up your heart, gaze into the Light, and know that all things are perfect and that you cannot judge by what the physical eyes see and by conclusions of the rational mind. Simply know that all things are perfect and your dear Master walks beside you. He is there! Just stop and think about it! And know He is there! With great love and with great humor and laughter He walks beside you. Actually, both of you know this already deep within your hearts. You have simply allowed some of the conditions of earth to impress you in such a way as to cause you to wonder, but looking with the eyes of spirit you look through these things and they begin to melt; and then you know in whose arms you rest and you feel content and in a state of peace—a peace that nothing can disturb!

Would it be accurate to say that for this one it is not necessary to know the specific events of the past in order to come to that peace?

Yes, it is not necessary at this point to know. If there is a reason these things are needed, it will be given; but for many in the earth at this time the knowledge of these events of the past becomes a stumbling block, and by focusing upon this they forget the Father. Such things become a mask, a mirage, that entices them away from focusing on the Father, and when they allow this to happen, then come the doubts and feelings of insecurity. It really does not matter for you at this point on the earth whether reincarnation is a fact or not—whether you lived before, whether here or there, or what you did. The important thing in the moment now is your awareness of the Father, your trust, and your intent to allow your brothers to be inspired through you. There is nothing else more important at this time.

Is this vessel at this point where God wants him to be, or should he make changes?

There is no need to be concerned about these things. Whenever change is appropriate, you will find yourself propelled, and since you allow the Father to lead you so easily, you simply walk in the direction in which you are led and don't think about it. So, you will know; you will know. And when the time comes for change, you will feel that it is right; and you, by trusting the Father and asking that His will be done, will have no concerns.

A question was asked about why information the vessel requests sometimes doesn't flow so easily.

There are times when information is appropriate, but information is not the greatest and highest thing you should be focusing on. If you got information every day in meditations,

you would become so caught up in the information and ideas that you would forget the Father. Whenever there are things you need to know, the Father may very well present this information, these ideas, to you through other brothers, and you will recognize that He has sent it to you in this way. What you need to do is just always accept to be the vessel that is empty. If the Father desires to give information directly to you, rejoice in that. If He desires to send another brother to you, rejoice in that also. If he desires to simply allow your experience to be that of communing with Him and resting in the knowledge of His Love and the experience of It, then rejoice in that. There is no need to be concerned at this time about how the Father uses the vessel. Just trust—have unwavering faith. And for you this faith is not blind. It is based upon your own experiences of the Father's Love: therefore, it really is quite easy.

Go forth in the knowledge that wherever you are you stand in His Holy Light and what you behold is also standing in that Light. Release all concerns and just allow yourself to be the Father's vessel. And allow yourself to see all other brothers as His vessels who bring forth to you experiences of His Love. As you relax into this knowingness, you release your concerns. And you accept your holy purpose and mission in being here at this time and that there is no other place in the moment you would rather be. And you know that this is perfect. In your contentment and your total faith in the Father you allow all things to be given through you, and you allow yourself to be released of those things that have blocked your view of Him.